

Anaesthesia for ENT Surgery



My name is Dr Chris Jones. I will be your Anaesthetist for your upcoming surgery with Dr Edward Smith. I aim for the highest standard of care for my patients and this letter is to introduce myself and tell you about what you will experience when you are undergoing surgery and anaesthesia.

What are my qualifications?

I am a doctor with medical degrees from the University of Sydney. I also have a postgraduate specialisation in Anaesthesia, and I am a Fellow of the Australian and New Zealand College of Anaesthetists (FANZCA). Australian Anaesthetists are among the most highly trained in the world, requiring at least seven years of study following six years of medical school.

What will your anaesthetic involve?

For your surgery you will receive a “general anaesthetic” which involves drugs given through a drip to make you “sleep” for the duration of the surgery. Pain relief medications are also given through the drip. When you wake you may initially be a little drowsy, and perhaps 1 in 10 people feel a little nauseous. You may also have a sore throat. These will soon pass.

Medications and Fasting before Surgery

All patients undergoing surgery **MUST "fast"** before anaesthesia (that is, limit food and liquid intake for a period of time beforehand). **Please see my document specifically about fasting and medications for more information on this.**

What happens after the Operation?

After daystay operations, you should be able to go home about two hours after your operation finishes. **You will need someone to take you home (NOT a taxi, public transport or your own car) and be with you for the next 12-24 hours** If you have not arranged transport your procedure will not go ahead and it will be cancelled without exception. This is for your safety.

Dr Smith will write you a prescription for some strong pain killers. I suggest you take these regularly every 4 to 6 hours as long as you have significant pain, and particularly before you go to bed.

Any other questions?

I will be seeing you before your surgery, and we can discuss any questions or concerns you have at this time. If wish to talk to me directly for any reason, please ask my secretary to contact me and I would be happy to talk with you personally. I look forward to meeting you and providing you with anaesthesia care for your surgery.

DR CHRIS JONES MB BS FANZCA Specialist Anaesthetist

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